

Rosie's Story

"Rosie is now thriving in school, home and the Kendal Army Cadets."



No young person should have limited contact with their family but unfortunately for Rosie this was her reality and one that she struggled with. Understandably, she was cautious of adults, struggled to manage her emotions and did not take kindly to the school environment where she could not settle and make friends like the rest of her peers. All in all, she was disengaged and needed an environment that met her needs and could give her the chance to thrive.



On arrival to Highfield House Children's Home, the staff team and young people made Rosie feel at home, welcoming her and helping her to settle. The team spent time getting to know her; as they do with every young person that enters the home, and subsequently found that she was a fun and chatty young girl who just needed a new start at a solid base.

With the support of her new school, therapists and the team at Highfield House, strategies were put in place to enable Rosie to manage her frustrations and discuss and reflect on her behaviours, worries and anxieties, whilst learning more appropriate ways to manage her emotions.



The girl that did not enjoy the company of peers and adults is now thriving in school, home and the Kendal Army Cadets. She takes part in sports and enjoys trips and days out; she truly has a zest for life. Her contact with her family has improved too and she is truly thankful to be part of two families who support and encourage her to dream big and achieve.