

Lucy's Story

“Lucy is now preparing to complete her GCSEs with plans to study childcare at college.”



Prior to living at Beech Tree Children's Home, Lucy experienced a very unstable family life which exposed her to situations no child should ever experience. This subsequently resulted in her having low self-esteem and the only way she could express herself was through rebellious, erratic and dangerous behaviours that she recognised as normal. Lucy also struggled to identify her home space as being unsafe and would often disturb attempts of care planning from the local authority; professionals that she did not trust.



On arrival to Beech Tree Children's Home, the staff team worked with Lucy to build trusting relationships so that she could share her emotions with others and accept help to improve her self-esteem.



After accepting the much needed support, Lucy's sense of self-worth improved, her social interactions became easier and perhaps most notably, her ability to become more aware of her behaviors. She now actively chooses pro-social strategies introduced by staff to help her to make better choices. Her strides in personal progress also showed in her education, where her attendance improved and she is now preparing to complete her GCSEs with plans to study childcare at college.

Lucy will be the first to admit that she was reluctant to trust staff but confesses that she loves spending time with them and wants to make the most of every minute with the people that helped her to become a confident young woman with a big future ahead of her.